

# Welcome to Newcombville **Physical Education**

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## “Active for Life” topics to study:

- Outcome 1: Students will demonstrate an age-appropriate and developmentally appropriate understanding of health-related physical fitness.
- Outcome 2: Students will demonstrate persistent behaviour and effort towards mastery during different types of physical activities.
- Outcome 3: Students will demonstrate competency in fundamental movement skills and movement concepts within dance.
- Outcome 4: Students will demonstrate competency in fundamental movement skills and movement concepts within educational gymnastics
- Outcome 5: Students will demonstrate competency in fundamental movement skills and movement concepts within games
- Outcome 6: Students will demonstrate competency in fundamental movement skills and movement concepts within active pursuits

## “Life Skills” topics to study:

- Outcome 7: Students will apply decision-making skills to fundamental movement skills and movement concepts during different types of physical activities in multiple environments.
- Outcome 8: Students will demonstrate communication and interpersonal skills during different types of physical activities.
- Outcome 9: Students will demonstrate consideration, care, and compassion for the well-being and safety of self and others during different types of physical activities in multiple environment

Dress for success! ***Every student*** at school needs comfortable ***indoor running shoes*** for PE (no sandals, boots, etc.) and all Grade 4s and 5s should change tops and bottoms for class. PE classes are:

**Monday** - 5 Cannon, P/1 Mader, P Smith, 4 Murray

**Tuesday** - 4 Murray, 2/3 Snow, 2/3 Wentzell, 3/4 McMullin

**Wednesday** - 5 Cannon, 2/3 Snow, 2/3 Wentzell, 3/4 McMullin, 4 Murray

**Thursday** - 2/3 Snow, 2/3 Wentzell, 3/4 McMullin, P Smith, P/1 Mader

**Friday** - 5 Cannon, 3/4 McMullin, P Smith, P/1 M